

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
7am	Gym available	Gym available	Gym available	Gym available	Gym available	Closed	Closed				
8am	Living Fit 8:30am-9:30am 9:30am-10:30am Sam		Gym available		Living Fit 9:30am-10:30am James	Gym available		Living Fit 8:30am-9:30am 9:30am-10:30am Sam	Gym available	Gym available	
9am											
10am											
11am	Gym available		Gym available		Gym available	Gym available	Gym available	Gym available			
12pm											
1pm											
2pm									Physio Fit 2pm-3pm Caitlin		
3pm											
4pm									Physio Fit Teens 4pm-5pm 5pm-6pm Caitlin	Physio Fit Teens 4pm-5pm 5pm-6pm Caitlin	
5pm		Physio Fit 5pm-6pm James									
6pm				Gym available					Physio Power 6pm-7pm Liam	Gym available	Gym available