

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
7am	Gym available	Gym available	Gym available	Gym available	Gym available	Closed	Closed	
8am	Living Fit 8:30am-9:30am 9:30am-10:30am Sam		Gym available		Gym available	Living Fit 8:30am-9:30am 9:30am-10:30am Sam		Gym available
9am							Living Fit 9:30am-10:30am James	
10am								
11am	Gym available		Gym available	Gym available	Physio Fit 1:30pm-2:30pm Caitlin	Gym available	Closed	Closed
12pm								
1pm								
2pm								
3pm				Physio Fit 4pm-5pm 5pm-6pm Caitlin	Physio Fit Teens 4:10pm-5:10pm 5:10pm-6:10pm Caitlin			
4pm								
5pm		Physio Fit 5pm-6pm James						
6pm		Gym available		Physio Power 6pm-7pm Liam	Gym available			